
Fwd: Fw: Employee Health & Wellness Grant

1 message

Kevin Joyce <joyce@cumberlandcounty.org>
To: Katelyn Seavey <seavey@cumberlandcounty.org>

Mon, Sep 15, 2025 at 1:17 PM

Here is the information on the Wellness Project.

----- Forwarded message -----

From: **andrew turcotte** <anturk7@hotmail.com>
Date: Fri, Aug 8, 2025 at 10:51 AM
Subject: Fw: Employee Health & Wellness Grant
To: joyce@cumberlandcounty.org <joyce@cumberlandcounty.org>

Here you are, sir.

Andy

Andrew Turcotte

From: andrew turcotte <anturk7@hotmail.com>
Sent: Friday, August 8, 2025 9:08 AM
To: kjoyce@cumberlandcounty.org <kjoyce@cumberlandcounty.org>; Steve Sloan
<ssloan@westbrook.me.us>
Subject: Employee Health & Wellness Grant

Good morning, Sheriff Joyce,

As you may recall, on behalf of several public safety agencies within Cumberland County, a single application was submitted to the State for "public safety health and wellness" funding. We were awarded a Maine Department of Public Safety Grant in the amount of \$444,917.64. This funding is to be used specifically to establish or enhance employee health and wellness programs. The goal of this initiative is to provide first responders with access to wellness visits, specialized cardiac and metabolic screenings, and other services that directly address the physical and mental health challenges commonly experienced in public safety professions.

A total of 1,600 public safety employees, from 17 agencies within Cumberland County have expressed interest in participating.

Cumberland County has been provided with a total of \$63,124.16

Sheriff's Office (Operations Division) - \$21,968.32 (based on 79 employees)
Corrections Division - \$30,866.88 (based on 111 employees)
Communications Division - \$10,288.96 (based on 37 employees)

While total agency funding is based on a reimbursement of \$278.08 per employee, you have discretion to use funding so long as the total expenditure does not exceed \$2,000 per employee. Furthermore, if for example, one of the departments (FD, PD, or dispatch) does not expend all of their funds, the other public safety departments can utilize those funds. The goal is to expend every funding dollar.

DELIVERABLES

As the grantee, we must track and use funds for at least one of the two programs listed below.

1. Specialized cardiac and metabolic screening that provides a medical consultation and an individualized plan including nutrition, fitness, and wellness recommendations to the employee when appropriate. The results of the screening and any advice for the continued treatment of identified health issues must be provided to the employee and the employer's physician. Testing must include the following:
 - advanced lipid panel, including cardiac inflammatory biomarker analysis
 - screening for liver and kidney function
 - screening for thyroid, prostate, and other cancers or diseases that are prevalent among first responders at a higher rate than the civilian population, such as diabetes.
 - cardiologist-guided, public safety-specific, cardio-metabolic stress testing
2. Annual wellness visits with qualified mental health professionals who have experience with the cumulative impact of exposure to traumatic events and specialized knowledge of public safety psychology. Options for referrals to additional counseling services, inpatient services, or specialists for the participating employee or employer's immediate family must be available.

NOTE - other than the reimbursement of health and wellness programs is non-allowable.

REIMBURSEMENTS & PAYMENT

The City of Westbrook will manage agency reimbursements.

[City of Westbrook](#)

2 York Street

Westbrook, ME 04092

In order to be reimbursed after your employees have had their respective screenings, you will need to submit the following information.

- receipt of invoices for services provided. all invoices should provide a detailed list of the services provided and the costs for said services. for example, how many screenings were conducted and the cost per screening. no protected healthcare information should be provided.
- proof of payment - copy of accounts payable (including copy of check sent to vendor)

Due to the volume of agencies participating, we are requesting that you hold off on submitting an invoice for reimbursement until after you have expended your portion of funding.

To be eligible for reimbursement, the invoice must be dated after July 1, 2025. Any services rendered prior to this date will not be eligible for reimbursement.

While the grant period will run from July 1, 2025, to June 30, 2026, we are asking that all agencies complete the necessary health and wellness screenings and submit for reimbursement by **February 28, 2026**, so that any unexpended funds can be redistributed to agencies that may need it.

All documents, including vendor invoices and proof of payment should be emailed to ssloan@westbrook.me.us and cc aturcotte@falmouthme.org.

PAYMENT

Once you have submitted all of your documents and the invoice for reimbursement, we will then need to send those items to the State, who in turn, will send us the payment. Payment terms are 30 days from the date that the State receives and error-free invoice with all necessary and complete supporting documents.

Checks will be cut and sent from the City of Westbrook.

REPORTING

We will track and record all data/information necessary to complete the necessary grant reporting requirements. This majority of this information should be included in the invoices provided by vendors. This should include a detailed list of services provided, the cost for those services, and the number of employees who participated in those services.

In closing, while we recognize that this funding is not enough to support every employer and every employee, we are hopeful that this grant and subsequent data will raise more awareness as it relates to public safety health and wellness and the need for additional funding at the local, state, and federal levels.

Thank you and please reach out should you have any questions.

Andy

Andrew Turcotte

--

Kevin J. Joyce, *MBA, CHPP, CCE*
Sheriff
Sheriff's Office Law Enforcement
Cumberland County
774-1444
FBINA 218th Session



Notice: Under Maine law, documents - including e-mails - in the possession of public officials or employees about government business may be classified as public records. There are very few exceptions. As a result, please be advised that what is written in an e-mail could be released to the public and/or the media if requested.